

ज्ञान • नवाचार • संस्कार • उत्कृष्टता



पीएम श्री राजकीय उत्कृष्ट वरिष्ठ माध्यमिक विद्यालय टुटू शिमला



सृजन दर्पण

स्वयं से प्रकृति तक—योग, स्वास्थ्य और हरित चेतना

जून
2026
अंक



योग एवं स्वास्थ्य



पर्यावरण संरक्षण



नवचेतना-2026



उपलब्धियां एवं सम्मान



नेतृत्व एवं सहभागिता



अंतराष्ट्रीय योग दिवस
स्वास्थ्य, संतुलन
एवं एकाग्रता



हरित चेतना
पर्यावरण, वृक्षारोपण
एवं स्वच्छ परिसर



नवचेतना-2026
नेतृत्व, कौशल एवं
सामाजिक जागरूकता



गौरव के क्षण
शैक्षणिक एवं
संस्थागत सम्मान



छात्र-रचनाएं
कविता, कहानी, लेख
एवं विचार

सृजन से उत्कृष्टता की ओर...

VOICES OF EXCELLENCE

North Zone Declamation Competition • June 2026

Page 1

ANSHUMAN GARG



1st POSITION
ENGLISH DECLAMATION



Anshuman Garg secured First Position in the English category at the North Zone Declamation Competition held at Govt. Sr. Sec. School of Excellence, Lalpani, Shimla. His confident delivery, clarity of thought and command of language distinguished him among leading schools. At the district-level competition, he received a Consolation Prize of ₹3,100.

PRISHA JOSHI



1st POSITION
HINDI DECLAMATION



Prisha Joshi secured First Position in the Hindi category at the North Zone Declamation Competition held at Govt. Sr. Sec. School of Excellence, Lalpani, Shimla. Her powerful expression, logical presentation and confident stage presence earned her this achievement. At the district-level competition, she received a Consolation Prize of ₹3,100.



प्रधानाचार्या की कलम से

प्रिय विद्यार्थियों, अभिभावकों एवं विद्यालय परिवार के सम्मानित सदस्यों,



जून माह का हमारा विषय—“स्वयं से प्रकृति तक—योग, स्वास्थ्य और हरित चेतना”— हमें यह संदेश देता है कि व्यक्तिगत स्वास्थ्य, मानसिक संतुलन और पर्यावरण संरक्षण एक-दूसरे से गहराई से जुड़े हैं। स्वस्थ एवं जागरूक विद्यार्थी ही संवेदनशील और उत्तरदायी समाज के निर्माण में सार्थक योगदान दे सकते हैं।



अंतरराष्ट्रीय योग दिवस के अवसर पर विद्यार्थियों एवं शिक्षकों ने सामूहिक योगाभ्यास के माध्यम से स्वस्थ जीवनशैली अपनाने का संकल्प लिया। योग केवल शारीरिक व्यायाम नहीं, बल्कि अनुशासन, एकाग्रता, आत्मविश्वास और मानसिक शांति का सशक्त माध्यम है। विद्यालय में योग एवं स्वास्थ्य संबंधी गतिविधियों को निरंतर प्रोत्साहित किया जा रहा है।



पर्यावरण संरक्षण हमारी सामूहिक जिम्मेदारी है। हरित परिसर, स्वच्छता, पौधरोपण तथा प्राकृतिक संसाधनों के विवेकपूर्ण उपयोग से विद्यार्थियों में प्रकृति के प्रति संवेदनशीलता विकसित की जा रही है। “नवचेतना-2026” के अंतर्गत निवेशित परिषद् समारोह, नवागत स्वागत, विदाई समारोह, पूर्व छात्र मिलन और नशा-विरोधी अभियान ने नेतृत्व, कौशल, सामाजिक जागरूकता एवं उत्तरदायित्व की भावना को सुदृढ़ किया।



भाषण प्रतियोगिता में प्रिशा जोशी एवं अंशुमान गर्ग की सफलता, “माह के सर्वश्रेष्ठ विद्यार्थी” सम्मान, आपदा प्रबंधन मॉक ड्रिल तथा विद्यालय प्रबंधन समिति का गठन जून माह को उपलब्धियों, जागरूकता और सामुदायिक सहभागिता से परिपूर्ण बनाते हैं।



मैं विद्यार्थियों, शिक्षकों, अभिभावकों, विद्यालय प्रबंधन समिति एवं सभी सहयोगियों को उनके समर्पण के लिए हार्दिक बधाई देती हूँ। आइए, योग को जीवन का हिस्सा बनाकर, प्रकृति का संरक्षण करते हुए सकारात्मक नवचेतना के साथ उत्कृष्टता की ओर बढ़ें।

डॉ. रशिमा राणा

प्रधानाचार्या

पीएम श्री राजकीय उत्कृष्ट वरिष्ठ माध्यमिक विद्यालय दुहू, शिमला





श्रीमती कमलेश कुमारी

मुख्य अध्यापिका

राजकीय केंद्रीय प्राथमिक पाठशाला दुहू

योग • स्वास्थ्य • हरित चेतना

प्रिय विद्यार्थियों, अभिभावकों एवं विद्यालय परिवार के सम्मानित सदस्यों,



जून अंक का विषय “स्वयं से प्रकृति तक—योग, स्वास्थ्य और हरित चेतना” हमें स्वस्थ शरीर, शांत मन और स्वच्छ पर्यावरण के गहरे संबंध का संदेश देता है। योग आत्मानुशासन का आधार और प्रकृति के प्रति संवेदनशीलता हमारी जिम्मेदारी है।



अंतरराष्ट्रीय योग दिवस, हरित परिसर पहल, “नवचेतना-2026” और नशा-विरोधी जागरूकता जैसी गतिविधियाँ विद्यार्थियों में सहयोग, नेतृत्व और सामाजिक उत्तरदायित्व की भावना को सुदृढ़ कर रही हैं।



भाषण प्रतियोगिता की उपलब्धियाँ, मॉक ड्रिल और “माह के सर्वश्रेष्ठ विद्यार्थी” सम्मान हमारे बच्चों की प्रतिभा, तैयारी और सकारात्मक सोच के प्रमाण हैं।



आइए, योग को दिनचर्या और पर्यावरण संरक्षण को जीवन-मूल्य बनाकर स्वस्थ, जागरूक एवं हरित भविष्य के निर्माण में अपना योगदान दें।

श्रीमती अनुराधा शर्मा

अध्यक्ष

संयुक्त विद्यालय प्रबंधन समिति (SMC)

कार्यकाल 2026-2028



प्रिय अभिभावकों, विद्यार्थियों एवं विद्यालय परिवार,



संयुक्त एसएमसी की अध्यक्ष का दायित्व सौंपे जाने पर मैं विद्यालय समुदाय के प्रति हार्दिक आभार व्यक्त करती हूँ। जून का विषय हमें बताता है कि विद्यालय विकास में स्वास्थ्य, पर्यावरण संरक्षण और सामुदायिक सहभागिता समान रूप से महत्वपूर्ण हैं।



एसएमसी सुरक्षित एवं हरित परिसर, स्वच्छता, पौधरोपण, योग और स्वास्थ्य गतिविधियों, गुणवत्तापूर्ण शिक्षा तथा आवश्यक सुविधाओं को सुदृढ़ करने के लिए विद्यालय प्रशासन के साथ सक्रिय सहयोग करेगी।



विद्यार्थियों की उपलब्धियाँ, “नवचेतना-2026”, मॉक ड्रिल और सामुदायिक कार्यक्रम विद्यालय की प्रगतिशील सोच एवं मजबूत साझेदारी के प्रमाण हैं।



आइए, प्रत्येक बच्चे को स्वस्थ, सुरक्षित, संवेदनशील और अवसरों से समृद्ध वातावरण प्रदान करने के लिए विद्यालय और समुदाय के संबंधों को और सशक्त बनाएं।

From the Editor

Page 4



Smt. Anita Thakur

Lecturer English | Editor

Yoga • Wellness • Green Consciousness

Dear Students, Parents and Members of the School Family,



Balanced body,
calm mind



Green campus,
healthy future



Celebrating student
achievement



Leadership through
participation



From awareness
to action

Our June issue celebrates "From Self to Nature—Yoga, Wellness and Green Consciousness." It reminds us that education must nurture a healthy body, a calm mind and a caring relationship with the environment.

Through International Yoga Day, green-campus activities, Navchetna-2026, student achievements and community initiatives, this edition reflects learning that moves beyond classrooms and becomes responsible action.

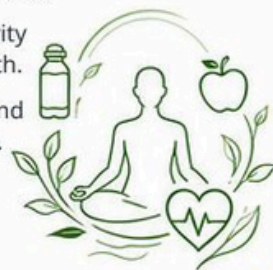
"Srijan Darpan" continues to be a space where student voices, creativity and values come together in a spirit of discipline and collective growth.

May this issue inspire every reader to practise yoga, protect nature and make thoughtful choices for a healthier and more sustainable future.

With Warm Regards,

Smt. Anita Thakur

Editor



From the Co-Editor



Mr. Sagar Sushant Shukla

VT Telecom | Co-Editor

Awareness • Participation • Excellence

Dear Readers,

The June edition brings together stories of wellness, environmental responsibility, achievement and participation. Its theme invites us to begin with self-discipline and extend that awareness towards nature and society.

Yoga Day, Navchetna-2026, declamation success, the preparedness drill, Student of the Month honours and the new SMC reflect a school community that learns, leads and grows together.

As a digital bridge between school and community, "Srijan Darpan" shares meaningful work, encourages student expression and keeps families connected.

Let us contribute ideas and actions that promote health, sustainability, empathy and excellence.

With Best Wishes,

Mr. Sagar Sushant Shukla

Co-Editor



Voices that
inspire change



Health, wellness
and discipline



Nature-conscious
learning



Digital connection
and creativity



Together towards
excellence



Our Dedicated Editorial Team

(Members of "Srijan Darpan" Monthly Editorial Committee)

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From the Editorial Team

We, the members of the "Srijan Darpan" Editorial Committee, are delighted to present the June 2026 edition inspired by the theme
"From Self to Nature—Yoga, Wellness and Green Consciousness."

This issue brings together International Yoga Day, environmental awareness, Navchetna-2026, student achievement, preparedness and community participation. Each page reflects our belief that education should nurture a healthy body, a balanced mind, responsible choices and respect for nature.

Through "Srijan Darpan", we celebrate the voices, creativity and efforts of our students and school community. May this edition inspire every reader to practise yoga, protect the environment and build a greener future.

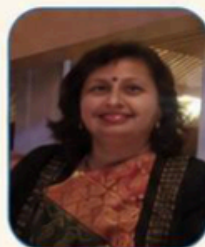
Editorial Committee Members



Smt. Alka Chadda
Lect. Eco
Member



Smt. Ritu Amrate
Lect. Hindi
Member



Smt. Geetika Sood
TGT Arts
Member



Smt. Neha Sharma
TGT M
Member



Sh. Aman Chander
VT Plumbing
Member



Smt. Priya
Yoga Teacher
Member



Smt. Priyanka Shamra
CGC
Member

Our collective creativity and commitment transform awareness into action. Together, let us choose wellness, protect nature and inspire positive change from self to society, and from society to a greener future.



NAVCHETNA-2026

Education • Leadership • Innovation • Social Awareness



PM SHRI GSSS of Excellence Totu, Shimla hosted "Navchetna-2026" in an atmosphere of enthusiasm and purpose. Shri Rajesh Sharma (IFS), State Project Director, Samagra Shiksha Himachal Pradesh, inaugurated the newly constructed Conference Hall and formally launched the school's monthly magazine, "Srijan Darpan".



SPD Sir with the School Staff



Conference Hall Inauguration



Launch of "Srijan Darpan"

NAVCHETNA-2026

Leadership, Talent, Skills and a Shared Vision



From the Investiture Ceremony and cultural presentations to the Freshers' Welcome, Farewell, Alumni Meet and anti-drug awareness campaign, "Navchetna-2026" celebrated confident voices, creative talent and responsible citizenship. The event highlighted vocational education, PAL, Digital Library, career guidance, Green Campus, Yoga & Wellness, Rashtriya Avishkar Abhiyan and innovation activities. The Chief Guest also assured positive support for the proposed Open Stadium, Language Lab, additional toilets, tablets and infrastructure development.



Cultural Highlights & Anti-Drug Awareness



Mr. Fresher — Akshay



Miss Fresher — Harshita



Miss Farewell — Ishal



NAVCHETNA-2026

Education • Leadership • Innovation • Social Awareness



"Navchetna-2026" became a vibrant celebration of confidence, creativity and togetherness. From graceful ramp walks and joyful dances to soulful singing and folk traditions, every performance reflected the diverse talents of our students and staff.

STYLE, CONFIDENCE & STUDENT TALENT



Ramp Walk – Boys



Ramp Walk – Girls

RHYTHM, MELODY & FOLK CULTURE



Young Children's Dance



Singing by Students



Singing by Teachers



Principal Ma'am's Special Performance



Traditional Folk Dance

CELEBRATION & TOGETHERNESS



Students Celebrate



Teachers Join the Dance



Everyone Dancing Together

A PROUD RECOGNITION

Principal Dr. Rashima Rana Honoured by the Education Department

The Deputy Director of School Education (Elementary), District Shimla, honoured Principal Dr. Rashima Rana with an Appreciation Certificate on 4 June 2026. The recognition celebrates her visionary leadership, dedication, innovative practices and sustained contribution to the school's academic, institutional and environmental progress.



VISIONARY LEADERSHIP

Purposeful guidance, integrity and care.



EDUCATIONAL INNOVATION

Better practices and future-ready learning.



SUSTAINABILITY & SDGs

Eco Club, green action and awareness.



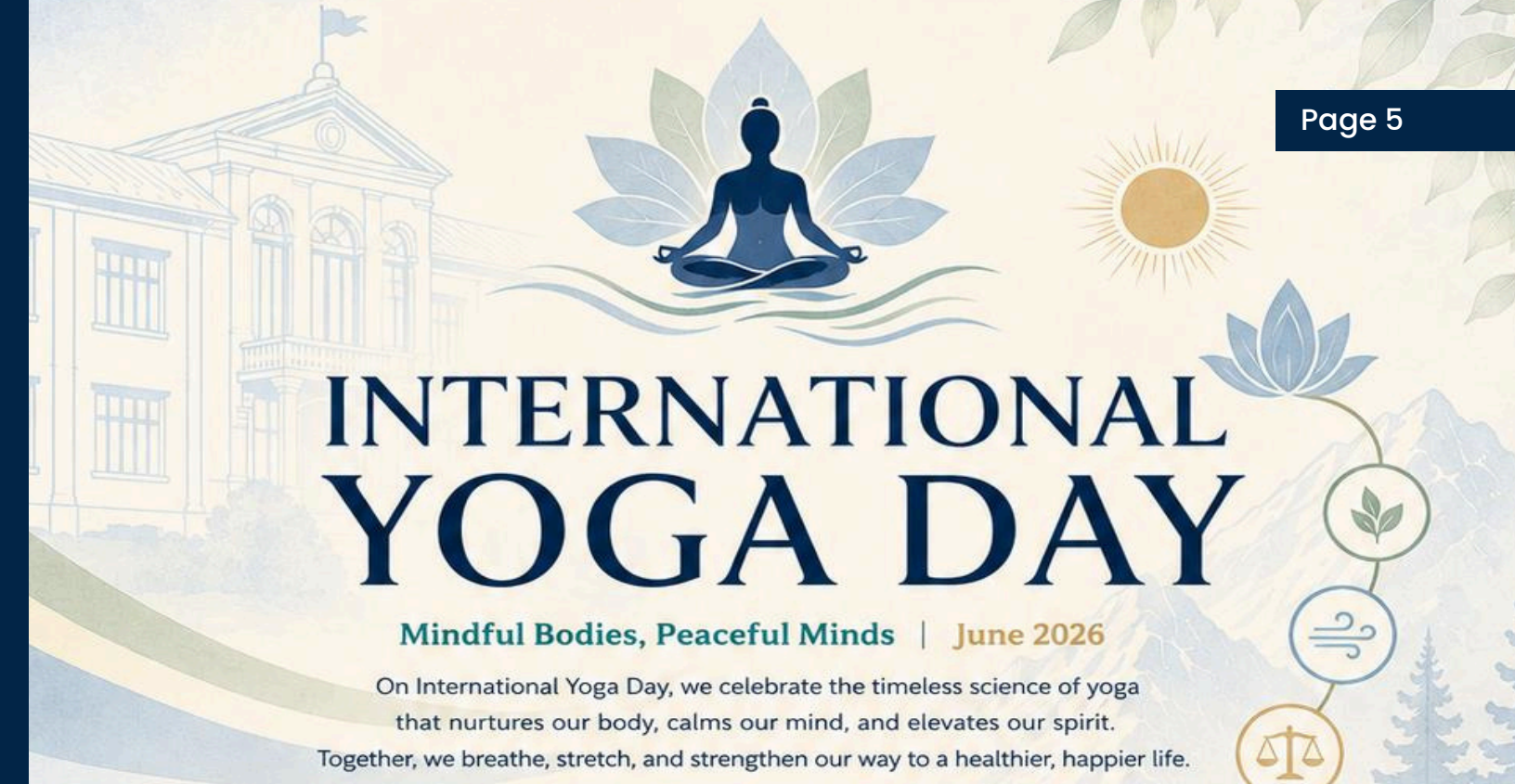
ICT & LIBRARY ADVANCEMENT

ICT labs, library and virtual resources.



INSTITUTIONAL EXCELLENCE

Progress across school life.



INTERNATIONAL YOGA DAY

Mindful Bodies, Peaceful Minds | June 2026

On International Yoga Day, we celebrate the timeless science of yoga that nurtures our body, calms our mind, and elevates our spirit. Together, we breathe, stretch, and strengthen our way to a healthier, happier life.



योग के मेरे विचार

योग मेरे जीवन में शांति और ऊर्जा लाता है। नियमित योगाभ्यास से शरीर स्वस्थ, मन एकाग्र और विचार सकारात्मक रहते हैं। विद्यालय में प्रतिदिन योग करने से मुझे अनुशासन, आत्मविश्वास और बेहतर स्वास्थ्य मिला है। योग केवल व्यायाम नहीं, बल्कि संतुलित जीवन जीने की कला है।

योग से मेरा बदलाव

मुझे योग करने की आदत विद्यालय से मिली। शुरुआत में आसन कठिन लगते थे, पर नियमित अभ्यास से शरीर लचीला और मन शांत हुआ। अब पढ़ाई में एकाग्रता बढ़ी है और तनाव कम होता है। योग ने मुझे धैर्य, आत्मविश्वास और सकारात्मक सोच दी है।

योग और मेरा जीवन

योग हमारे तन और मन को स्वस्थ रखने का सरल माध्यम है। नियमित अभ्यास से श्वास बेहतर होती हैं, थकान कम होती है और मन प्रसन्न रहता है। योग दिवस ने मुझे यह समझाया कि अच्छे स्वास्थ्य के लिए हमें प्रतिदिन कुछ समय योग को अवश्य देना चाहिए।

मेरा योग अनुभव

हम विद्यालय में सरल योगासन और प्राणायाम करते हैं। योग से दिन की शुरुआत उत्साह और शांति के साथ होती है। इससे शरीर में स्फूर्ति, मन में एकाग्रता और व्यवहार में सकारात्मकता आती है। मैं योग को अपनी दैनिक दिनचर्या का हिस्सा बनाना चाहती हूँ।

YOGA DAY



Student Voices

Real thoughts. Real journey.
Real transformation. ♥

YOGA

Name - Kanika
Class - 6th

When I joined the yoga class, some very good changes in my life. Compared to before. I feel healthier, and more forgetful. More strength and more flexibility. I have come in my body. Walking up energized morning is just completing up my body light and active.

I focus my studies and other project works. Doing yoga make my mind healthy, strong, calm and happy. There has been a reduction in stress, anxiety, and restlessness. My breathing capacity has become better. I get good and deep sleep at night. My self confidence has increased more than before. Yoga has taught me the importance of discipline and regularity.

When I practice in the yoga hall, I feel great peace and positive energy. For doing yoga I was very happy.

योग के लाभ

1. शरीर स्वस्थ और लचीला बनता है।
2. मन शांत और एकाग्र रहता है।
3. तनाव और चिंता कम होती है।
4. स्मरण-शक्ति और आत्मविश्वास बढ़ता है।
5. अनुशासन और सकारात्मक सोच विकसित होती है।
6. नियमित योग से जीवन संतुलित बनता है।



*Yoga is the journey,
of the self,
to the self,
through the self.*

- The Bhagavad Gita ♥

*"Breathe.
Believe.
Receive.
Repeat."*



STUDENTS' CREATIVE CORNER

Yoga • Wellness • Nature • Expression

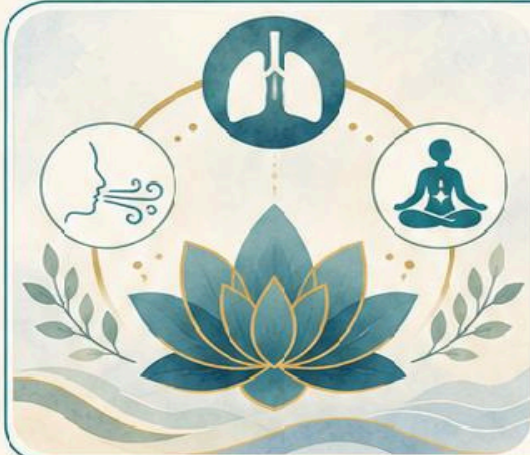


How Yoga Shapes Our Life

Yoga is not just a 30-minute workout; it is a lifestyle. It acts like an anchor that balances our physical health, mental focus and emotional happiness in a fast-paced world. Yoga teaches patience and controls anger and impulsivity. It helps students pause and think before reacting negatively to friends or siblings. It boosts self-confidence and also promotes better sleep.

Yoga is an ancient Indian gift that can completely transform our lives. It is not merely about twisting the body; it is a tool to master the mind and lifestyle. As students, we face constant pressure from academics, examinations and peer groups. Yoga creates a peaceful inner sanctuary and helps us respond with awareness, balance and confidence.

Diksha • Class +2 • Roll No. 130



योग के लाभ

“स्वस्थ तन, शांत मन और सफल जीवन का आधार”

योग भारत की प्राचीन संस्कृति की अमूल्य धरोहर है। यह केवल व्यायाम नहीं, बल्कि स्वस्थ और अनुशासित जीवन जीने की श्रेष्ठ पद्धति है।

यह शरीर को स्वस्थ, सुदृढ़ और ऊर्जावान बनाता है, रोग-प्रतिरोधक क्षमता बढ़ाता है तथा मानसिक तनाव दूर करता है। नियमित योग से शरीर लचीला और मन शांत होता है।

विद्यार्थी जीवन में योग विशेष रूप से महत्वपूर्ण है। स्कूल, गृहकार्य, परीक्षाओं का तनाव और मोबाइल का आकर्षण पढ़ाई में बाधा बनते हैं। योग एकाग्रता, स्मरणशक्ति और आत्मानुशासन को विकसित करता है।

21 जून को अंतरराष्ट्रीय योग दिवस योग के संदेश को विश्वभर में पहुँचाता है। अतः योग को दिनचर्या में अपनाएँ और स्वस्थ, संतुलित जीवन की ओर बढ़ें।

Kanika • Class +2 (B)



Whispers of the Earth: Finding Magic in Nature's Touch

When we listen closely, nature speaks a language that stirs the heart. A single leaf falling in autumn or a wave crashing on a distant shore can awaken something deep within us. Nature reminds us that life is vast, yet intimate—both a dream and a steady truth.

When we walk among trees, we feel grounded. When we gaze at the stars, we realise that we are part of something bigger. Every sunrise tells us that a new beginning is possible, while every mountain peak reminds us that strength is found in persistence.

As we breathe the crisp air, we remember that, like nature, we are always growing, always connected and always full of possibility. Open your heart to nature, and rediscover the wonder we may have forgotten.

Niharika • Class 11th (B)

STUDENT'S CREATIVE CORNER

Technology • Environment • Responsibility • Expression

The Two Sides of the Screen: Weighing the Power of Technology

We live in an era where technology touches almost every second of our day. From waking up to a smartphone alarm to studying online, it has seamlessly woven itself into our lives. While it brings incredible superpowers, it also comes with challenges we cannot ignore.

The Bright Side – The Advantages

The world's knowledge is in our pocket. Education is no longer confined to heavy textbooks. With a quick search, we can learn anything—from complex Physics equations to a new language.

Global Connection:

Distance has vanished. We can collaborate on projects, speak with family across oceans and share ideas globally. Yet constant online connection can sometimes create isolation and replace genuine conversation with digital text.

Varsha • Class 11th (B)

MINDFUL TECHNOLOGY



Use technology with purpose.

Environment: A Gift We Must Protect

The environment is the greatest gift we have. It provides us with clean air, fresh water, food and a beautiful world to live in. However, pollution, deforestation and climate change are putting our future at risk.

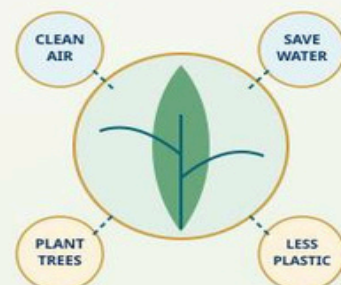
Protecting nature begins with small actions. Planting trees, reducing plastic use, saving water and keeping our surroundings clean can create a lasting impact. Every small step matters when taken together.

As students, we can inspire others by caring for our environment and spreading awareness. The Earth is our only home, and its future depends on the choices we make today.

"The best time to protect our planet was yesterday. The next best time is today."

Anshuman Garg • Class +2 (A)

OUR GREEN PROMISE



SMALL STEPS • BIG CHANGE

World Environment Day: Our Responsibility, Our Future

World Environment Day, observed every year on 5 June, reminds us that protecting nature is not a choice but a shared responsibility. The environment provides clean air, water, food and natural resources. However, pollution, deforestation, climate change and plastic waste are putting our planet at risk.

Young people can create a greener future. Planting trees, conserving water, switching off unnecessary lights, avoiding single-use plastic and keeping our surroundings clean can make a meaningful difference. We should Reduce, Reuse and Recycle, and encourage others to adopt responsible habits.

Schools can promote awareness through plantation drives, cleanliness campaigns, eco-clubs and waste-segregation activities. World Environment Day is not merely a one-day celebration; it reminds us to examine our daily choices.

Let us respect nature and preserve its beauty for future generations. The Earth is our only home, and its future depends upon the actions we take today.

"Small actions can create a greener and brighter tomorrow."

Purvanshii Sharma • Class 11th (B) • Roll No. 308

ACT TODAY



5 JUNE

REDUCE

REUSE

RECYCLE

OUR PLANET • OUR FUTURE

CAREER GUIDANCE AND COUNSELING

Shaping Dreams, Building Futures

Page 9



Why Career Guidance Matters

Choosing a career is one of the most important decisions in a student's life. With countless opportunities available today, students often feel confused about which path to choose. Career guidance and counseling help students understand their interests, strengths, abilities, and career options, enabling them to make informed decisions about their future.



Benefits of Career Guidance



Self-Discovery

Students gain a better understanding of their personality, skills, and aspirations.



Goal Setting

It helps students set clear academic and career goals.



Better Decision-Making

Students learn to make informed choices based on their interests and abilities.



Career Awareness

Career counseling introduces students to emerging careers and industry trends.



Reduced Stress

Guidance reduces confusion and anxiety about future career choices.



What is Career Counseling?



Career counseling is a process in which counselors guide students in exploring various career opportunities. It helps students:

- ✓ Identify their interests and talents
- ✓ Understand their strengths and weaknesses
- ✓ Explore different career options
- ✓ Set realistic career goals
- ✓ Make confident educational and career decisions



Recently **Mrs. Priyanka Sharma** participated in zoom meeting organized by Samagra shiksha which aimed to provide students with valuable guidance on career planning, stream selection, higher education opportunities, entrance examinations and emerging career options across various fields.

Tips for Students

- ★ Explore your interests and hobbies.
- ★ Participate in extracurricular activities.
- ★ Seek advice from teachers, parents, and counselors.
- ★ Research different professions.
- ★ Develop communication and leadership skills.
- ★ Stay open to learning and new opportunities.



Popular Career Options Today



Engineering



Medicine and Healthcare



Business and Management



Law



Teaching and Education



Design and Architecture



Data Science and Artificial Intelligence



Digital Marketing



Journalism and Mass Communication



Entrepreneurship

“

“Choose a job you love, and you will never have to work a day in your life.”

— Confucius



Conclusion

Career guidance and counseling act as a compass that helps students navigate their journey toward a successful and fulfilling future. By understanding themselves and exploring opportunities, students can transform their dreams into achievable goals and become confident leaders of tomorrow.



“Your future begins with the choices you make today.”

THE JUNE CHRONICLE

A Journey of Achievement • Recognition • Preparedness • Participation

JUNE 2026 • THE JOURNEY BEGINS

1

Excellence in
Declaration

2

Principal Honoured for
Outstanding Leadership

3

Students of the Month
Recognised



3. Students of the Month Recognised

Students from Classes I to XII were honoured as the "Students of the Month – May 2026" for outstanding academic performance, discipline, regular attendance, leadership qualities and active participation. Their achievements inspired the entire student community.



Primary Wing • Classes I-V



Middle Wing • Classes VI-VIII



Secondary & Sr. Secondary

4



4. Statewide Mega Mock Drill Conducted

A disaster-management mock drill was organised under the directions of HPSDMA and NDMA. Students and staff of the primary and secondary wings completed evacuation and head count within the prescribed 15-minute period, demonstrating discipline, awareness and preparedness.



Evacuation Drill



Head Count & Safe Assembly

SAFE EVACUATION COMPLETED WITHIN 15 MINUTES

THE JUNE CHRONICLE

The Journey Continues
Awareness • Well-being • Community Leadership

4

5

World Environment Day Celebrated



5. Celebrating World Environment Day

World Environment Day was observed through activities promoting environmental awareness and sustainable living. Students reflected on the importance of protecting natural resources, reducing waste and adopting responsible everyday habits for a greener future.



Eco-awareness Activities



Green Pledge & Sustainable Action

6

Navchetna-2026:
A Celebration of New Beginnings

7

International Yoga Day
Celebrated

8



8. Joint School Management Committee Constituted

The Joint SMC for PM SHRI GSSS of Excellence Totu and Government Central Primary School Totu was constituted for 2026-2028. Smt. Anuradha Sharma was elected President and Smt. Shiksha was elected unopposed as Vice-President, strengthening cooperation among the schools, parents and community for quality education and holistic development.



Smt. Anuradha Sharma • President



Smt. Shiksha • Vice-President



Joint SMC Members

SCHOOL • PARENTS • COMMUNITY • SHARED PROGRESS

LITTLE STEPS, LASTING IMPACT

Government Central Primary School Totu, Shimla

Learning • Participation • Mentorship • Positive Change



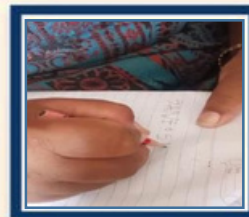
A NAME, A NEW BEGINNING

A Class V Student Brings Learning Home

A heart-warming success story from Government Central Primary School Totu, Shimla, emerged when a Class V student patiently taught her mother, Smt. Santosh, to write her own name in English. Having never received formal schooling, writing "Santosh" independently became much more than learning a word—it became a moment of dignity, confidence and hope. The child proved that education can travel from school to home and create a positive change in an entire family.



Learning Together



Writing "Santosh" in English

WHEN A CHILD LEARNS, A FAMILY GROWS



Primary Stars at Navchetna-2026

Students of Government Central Primary School Totu, Shimla participated enthusiastically in Navchetna-2026. Through dance, music and stage activities, they displayed confidence, coordination and creativity. Their cheerful participation helped young learners overcome hesitation, express themselves before an audience and experience the joy of teamwork. The event became an opportunity to learn beyond the classroom and celebrate every child's unique talent.

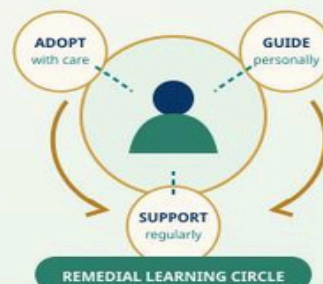
CONFIDENCE ON STAGE



Primary Mentor-Mentee & Remedial Support Initiative

Inspired by the Mentor-Mentee Programme of PM SHRI GSSS of Excellence Totu, Government Central Primary School Totu, Shimla has developed its own child-centred version of the initiative. Teachers have adopted learners who need additional support and are maintaining regular academic contact with them. Focused remedial classes, individual guidance and continuous encouragement are helping children strengthen foundational skills, overcome learning gaps and progress at their own pace. The initiative ensures that no child is left behind.

EVERY CHILD SUPPORTED



FLAVOURS & FELICITATIONS

Celebrating Cultural Diversity • Creativity • Guidance • Excellence



CULINARY FESTIVAL

Under Ek Bharat Shreshtha Bharat



Under Ek Bharat Shreshtha Bharat, students celebrated India's culinary diversity by presenting traditional dishes, regional flavours and food heritage. The activity encouraged teamwork, creativity and appreciation of the nation's rich cultures—beautifully expressing unity in diversity.



Regional Delicacies



Students in Action



Unity Through Food

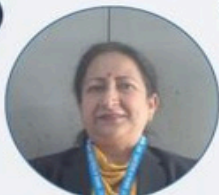
ONE NATION • MANY FLAVOURS • SHARED HERITAGE



TOP PERFORMING MENTORS

May 2026

#2



Susham lata sharma

New

MENTOR SCORE

3.7 /5

Score blended from Principal rating and AI analysis.

#1



Sagar Sushant Shukla

New

MENTOR SCORE

4.1 /5

Score blended from Principal rating and AI analysis.

#3



Alka Chadha

New

MENTOR SCORE

3.4 /5

Score blended from Principal rating and AI analysis.

🌿 A VISION. A MISSION. A MOVEMENT. 🌿

🌿 *This Magazine is* 🌿
A CELEBRATION OF OUR JOURNEY

It captures our dreams, our dedication, our achievements,
and the collective spirit that drives us forward.

THE IMPORTANCE OF OUR MAGAZINE



Showcases creativity,
talent, and innovation
of our students and
staff.



Strengthens our
school community by
celebrating togetherness
and shared values.



Inspires and motivates
every reader to dream
bigger and achieve
greater.



Preserves our memories
and milestones for
generations to
come.



Under
PM SHRI

PM SHRI is more than a scheme—it is a commitment to build
future-ready, inclusive, and vibrant institutions.

It empowers us to provide equitable quality education,
nurture holistic development, and shape responsible
citizens of tomorrow.

**TOGETHER,
WE BELIEVE IN**

- 🌱 Quality Education
- 🌱 Innovation
- 🌱 Inclusivity
- 🌱 Sustainability
- 🌱 Excellence
- 🌱 Nation Building

**TOGETHER,
WE GROW.
TOGETHER,
WE SUCCEED.**

*Grateful for the past. Committed to the present.
Inspired for the future.*